



BEGINNINGS BULLETIN

MAY 2018

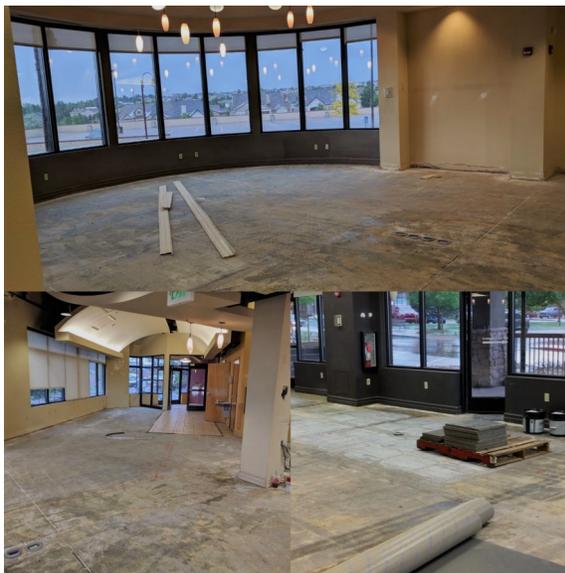
NOW ACCEPTING CLIENTS

We are now accepting a limited number of Birth Center clients with due dates January 2019 and beyond! Please contact us at www.springsmidwifery.com/contact-us for more information.

Coming Soon:

- *Open House Celebration and Birth Center Tours*
- *Class Options*
- *Community Events*

Construction Begins!



We are so excited to announce that construction began last week on Beginnings Birth Center! Old walls are coming down and the new space is starting to take shape. The layout includes 3 birth suites, 4 exam rooms, a beautiful family-friendly waiting room, reception desk, education space, and kitchen. Stay tuned for more sneak peeks into the Beginnings of our Birth Center.

Inside this issue:

- | | |
|-----------------------|---|
| Meet the Midwife | 2 |
| 2017 Birth Statistics | 2 |

Where is the Birth Center?

One of the most frequently asked questions. Let us introduce the home of Beginnings Birth Center:

9475 Briar Village Pt.
Suite 100
Colo Spgs, CO 80920

Conveniently located just 5 minutes from I-25 off Briargate Pkwy in the Pine Creek Village Center. Nearby amenities include a variety of restaurants, parking garage, convenience store, and hotels.



Meet Jolene Hamann, CNM

I began my nursing career in 1994 in the Air Force. While on active duty during my first pregnancy, I was fortunate enough to be assigned to the care of a group of



Certified Nurse Midwives. It was then that I knew that I was called to become a midwife. I am now blessed enough to be living my dream — providing the woman-centered type of care that was provided to me.

Since 2007, I have been caring for women as a Certified Nurse Midwife and Women's Health Nurse Practitioner. I truly enjoy getting to know each woman and family. I am especially committed to comprehensive prenatal care, all types of birth, education, prevention, and well-woman care.

My husband's name is Dave and we have four children – Joshua, Fox, Ryker, and Molly.

I have...

An undergraduate degree from Midwestern State University in Wichita Falls, TX

Graduate degrees from University of Illinois at Chicago

I am...

State licensed as a Midwife and Nurse Practitioner in New York, Illinois, and Colorado

Certified as a Nurse Midwife by the American Midwifery Certification Board

Board certified as a Women's Health Nurse Practitioner by the National Certification Corporation

2017 Birth Statistics

The wonderful team coming to Beginnings Birth Center cared for families in 2017 through Springs Midwifery and Women's Care. These award-winning* statistics represent the same model of care (including home-birth option) that will be offered at the Birth Center:

- ◆ 97.7% vaginal birth rate (2.3% cesarean birth rate includes anyone that had to transfer to a hospital-based provider during prenatal care well before labor).
- ◆ 95.3% home birth rate (again, the 4.7% that had to deliver at a hospital includes those who had to transfer during prenatal care to hospital-based care).
- ◆ 100% VBAC rate, 100% at home, 9 total.
- ◆ 3.5% prenatal transfer to hospital-based care rate (the reasons include gestational diabetes, breech, preterm labor, and placenta previa).
- ◆ 1.2% during labor transfer of mom to the hospital rate, none of which were emergencies and all transferred by private vehicle.
- ◆ 1.2% postpartum transfer of mom to the hospital rate.
- ◆ 1.2% baby transfer to the hospital rate, none of which were emergencies and all transferred by private vehicle.
- ◆ 3.5% of moms used nitrous oxide (laughing gas) for labor and birth.
- ◆ 23.3% of moms required stitches for vaginal lacerations (tears), 76.7% did not.
- ◆ 58.1% were baby boys; 60% of them were not circumcised. 41.9% were baby girls

*Springs Midwifery and Women's Care was recently recognized by the American College of Nurse Midwives (ACNM) winning the following awards:

- Best Practices- Four Core Perinatal Measures
- 2nd of 56 practices, spontaneous vaginal birth rate, for low to moderate volume practices (50-199 births per year)
- 2nd of 56 practices, rate of NICU admissions for singleton births, for low to moderate volume practices (50-199 births per year)
- The "Triple Aim" best practice award - placing us in the top 97 of 257 nationwide practices.